



ST. LOUIS CAFÉ 100 | WEEK OF September 8th

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BREAKFAST

MON	Create Your Own Omelet Station	\$4.99
TUES	French Toast	\$3.99
WED	Stack'em Up Pancakes	\$3.99
THU	Bacon, Egg + Cheese Croissant	\$4.99
FRI	Create Your Own Breakfast Sandwich	\$4.99

SOUP

MON	Chicken and Double Noodle
TUES	Broccoli Cheddar
WED	Jerk Chicken with Brown Rice
THU	Ham & Bean
FRI	Chef's Choice

DESSERT

MON	Crave Cookies
TUES	Banana Pudding
WED	Crave Cookies
THU	Apple Dumplings
FRI	Crave Cookies

WEEKLY FEATURES

VIBE | \$3/\$5/\$7

Avocado Salmon Sliders
+ 16oz Drink

Rise and Dine

Sausage and Cheddar Breakfast
Quesadilla + 12oz Coffee \$6

MON

CHEF SPOTLIGHT CHICKEN BURRITO BOWL	\$11.99
Grilled Chicken + Cilantro Lime Rice + Variety of Fresh Toppings	
HAND CRAFTED DELI	\$9.99
Create your own	
LTO SOUTHERN CAPRESE	\$8.49
Fried Green Tomato + Fresh Mozzarella + Arugula + Tomato Jam + Pesto	

TUE

CHEF SPOTLIGHT BUFFALO CHICKEN MACARONI & CHEESE BOWL	\$11.99
House-made Macaroni + Buffalo Chicken + Variety of Fresh Toppings	
SALAD BAR ●	\$0.56
Variety of seasonal + fresh ingredients	
PIZZA BY THE SLICE	\$3.69
Chef Choice	

WED

CHEF SPOTLIGHT SHAKER SALAD STATION	\$11.99/ \$13.99
Choice of Chicken or Shrimp + Fresh Vegetables made to order	
SALAD BAR ●	\$0.56
Variety of seasonal + fresh ingredients	
HAND CRAFTED DELI	\$9.99
Create your own	

THU

CHEF SPOTLIGHT SWEET & SOUR CHICKEN	\$11.99
Grilled Chicken + Rice + Fresh Vegetables + Choice of Crab Rangoon or Egg Roll	
LTO SOUTHERN CAPRESE	\$8.49
Fried Green Tomato + Fresh Mozzarella + Arugula + Tomato Jam + Pesto	

FRI

SALAD BAR ●	\$0.56
Variety of seasonal + fresh ingredients	
PIZZA BY THE SLICE	\$3.69
Chef Choice	

MONDAY - FRIDAY

Breakfast 7:00AM - 9:00AM
Lunch 11AM - 1:00PM

Rebecca Parker

Food Service Director
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Chef Ronald Windom

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