

Café 300 | Week of February 2nd

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BREAKFAST

Rise & Dine \$6 Special
Breakfast Burrito & 12oz Coffee

MON

CRISPY CHICKEN TENDERS
(3) Hand Breaded Crispy Chicken Tenders Cooked Daily \$5.19
GRILL SPECIAL: MUSHROOM SWISS BURGER
Mushroom Swiss Burger, Toppings, Choice of Side \$8.49
SALAD BAR 
Choice of Lettuce + Choice of Protein + Toppings + Dressing \$0.56 per oz

TUE

THE BIG GAME: SAINT LOUIS STYLE RIBS
Saint Louis Style Ribs, Mac and Cheese, Coleslaw, Cornbread \$12.99
GRILL SPECIAL: MUSHROOM SWISS BURGER
Mushroom Swiss Burger, Toppings, Choice of Side \$8.49
PIZZA BY THE SLICE
Pepperoni, Sausage, Specialty \$3.69

WED

SHAKER SALAD 
Choice of Protein + Choice of Toppings + Choice of Dressing + Romaine Lettuce \$11.99
GRILL SPECIAL: MUSHROOM SWISS BURGER
Mushroom Swiss Burger, Toppings, Choice of Side \$8.49
PIZZA BY THE SLICE
Pepperoni, Sausage, Specialty \$3.69

THU

TACO BAR
Choice of Protein, Spanish Rice, Refried Beans \$11.99
GRILL SPECIAL: MUSHROOM SWISS BURGER
Mushroom Swiss Burger, Toppings, Choice of Side \$8.49
PIZZA BY THE SLICE
Pepperoni, Sausage, Specialty \$3.69

FRI

CRISPY CHICKEN TENDERS
(3) Hand Breaded Crispy Chicken Tenders Cooked Daily \$5.19
GRILL SPECIAL: MUSHROOM SWISS BURGER
Mushroom Swiss Burger, Toppings, Choice of Side \$8.49
SALAD BAR 
Choice of Lettuce + Choice of Protein + Toppings + Dressing \$0.56 per oz



STRENGTH.
Lean protein to support strength building and muscle maintenance.



ENERGY.
Complex carbs to support sustained energy.



WELLBEING.
Nutritious, delicious options to help keep you fueled & focused (less than 500 calories)

SOUP

MON Minestrone
TUES Chicken and Rice
WED Tomato Basil
THU Cuban Black Bean
FRI Chicken Noodle

WEEKLY WELLNESS SOUP
Chicken Noodle 

DESSERT

Craveworthy Cookies

WEEKLY FEATURES

VI-BE

1 for \$3, 2 for \$5, 3 for \$7

Corn Dogs

MONDAY - FRIDAY
Breakfast 7:00 a.m. - 9:00 a.m.
Lunch 10:45 a.m. - 1:00 p.m.

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