

Café 300 | Week of February 2nd

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If the menu does not load, please contact the manager or chef below.

BREAKFAST

Rise & Dine \$6 Special
Breakfast Burrito & 12oz Coffee

SOUP

MON Minestrone
TUES Chicken and Rice
WED Tomato Basil
THU Cuban Black Bean
FRI Chicken Noodle

WEEKLY WELLNESS SOUP
Chicken Noodle

DESSERT

Craveworthy Cookies

WEEKLY FEATURES

VIBE

1 for \$3, 2 for \$5, 3 for \$7

Corn Dogs

MON

CRISPY CHICKEN TENDERS \$5.19
(3) Hand Breaded Crispy Chicken Tenders Cooked Daily
GRILL SPECIAL: MUSHROOM SWISS BURGER \$8.49
Mushroom Swiss Burger, Toppings, Choice of Side
SALAD BAR \$0.56 per oz
Choice of Lettuce + Choice of Protein + Toppings + Dressing

TUE

THE BIG GAME: SAINT LOUIS STYLE RIBS \$12.99
Saint Louis Style Ribs, Mac and Cheese, Coleslaw, Cornbread
GRILL SPECIAL: MUSHROOM SWISS BURGER \$8.49
Mushroom Swiss Burger, Toppings, Choice of Side
PIZZA BY THE SLICE \$3.69
Pepperoni, Sausage, Specialty

WED

SHAKER SALAD \$11.99
Choice of Protein + Choice of Toppings + Choice of Dressing + Romaine Lettuce
GRILL SPECIAL: MUSHROOM SWISS BURGER \$8.49
Mushroom Swiss Burger, Toppings, Choice of Side
PIZZA BY THE SLICE \$3.69
Pepperoni, Sausage, Specialty

THU

TACO BAR \$11.99
Choice of Protein, Spanish Rice, Refried Beans
GRILL SPECIAL: MUSHROOM SWISS BURGER \$8.49
Mushroom Swiss Burger, Toppings, Choice of Side
PIZZA BY THE SLICE \$3.69
Pepperoni, Sausage, Specialty

FRI

CRISPY CHICKEN TENDERS \$5.19
(3) Hand Breaded Crispy Chicken Tenders Cooked Daily
GRILL SPECIAL: MUSHROOM SWISS BURGER \$8.49
Mushroom Swiss Burger, Toppings, Choice of Side
SALAD BAR \$0.56 per oz
Choice of Lettuce + Choice of Protein + Toppings + Dressing



STRENGTH.
Lean protein to support strength building and muscle maintenance.



ENERGY.
Complex carbs to support sustained energy.



WELLBEING.
Nutritious, delicious options to help keep you fueled & focused (less than 500 calories)



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MONDAY - FRIDAY
Breakfast 7:00 a.m. - 9:00 a.m.
Lunch 10:45 a.m. - 1:00 p.m.

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