



THE HUB CAFÉ 1ST | WEEK OF March 30

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BREAKFAST

BUILD YOUR OWN- BREAKFAST BURRITO WITH TOTS	\$9.99
Flour tortilla, egg, cheese, your choice of protein and veggies, tots	
BREAKFAST SANDWICHES	\$4.39 - \$5.39
Sausage, Egg, and Cheese & Bacon Egg & Cheese	



MON

FLEX KITCHEN 	\$0.49 / oz
Build your own Chicken Pot Pie, Pot Pie Filling, Roasted Mushrooms, Glazed Carrots, Steamed Broccoli, Mashed Potatoes, Biscuits and Pastry Puff's	
MTO DELI 	\$9.99
Build your perfect Boars Head sandwich from the bread up!	
CANDY BAR	\$0.49 / oz
Self serve candy bar, including gummy bears, sour patch kids, chocolate covered candies and more.	


TUE

FLEX KITCHEN 	\$0.49 / oz
BBQ Brisket and BBQ Pork, Collard Greens, Crispy Okra, Baked Beans, Red Rice, Jalapeno Cheddar Cornbread	
RUSTICA- BY THE SLICE	\$3.99
Cheese, Veggie, Pepperoni, BBQ	
HOT PROTEIN BAR 	\$0.49 / oz
Grilled Chicken, Bronzed Chickpeas, Crispy Tofu and Pasta	

WED

CHEF'S SPOTLIGHT 	\$0.49 / oz
Chicken Marsala, Mushroom Marsala, Buttered Fettuccine, Rice Pilaf, Green Beans, Marsala Gravy, Parmesan and Breadsticks	
CHICK FIL A 	\$6.79
Spicy or Regular Chicken Sandwich with Sauce	
MTO DELI	\$8.99
Build your perfect Boars Head Sandwich from the bread up!	

THU

CHEF'S SPOTLIGHT:	\$0.49 / oz
Falafel, Lemon Garlic Chicken, Lamb and Beef Gyros, Pita Bread, Turmeric Rice, Tzatziki Sauce, Humus and Feta	
RUSTICA- BY THE SLICE	\$3.99
Pepperoni, Cheese, & Veggie Pizza, Baked Pasta	
MARKET BAR: 	\$6.79
Come try our new salad bar toppings over 24 choices	

FRI

CHEF'S SPOTLIGHT	\$0.49 / oz
Chicken Tenders and Fried Cod, Potato Salad, Coleslaw, Pimento Mac & Cheese, Potato Wedges	
GRILL BUNDLE	\$9.99
Double Cheeseburger, Fries, 20oz Fountain Drink	

SOUP

MON	Chicken Noodle
TUES	Minestrone
WED	Yukon Gold Potato
THU	Lobster Bisque
FRI	Broccoli & Cheese

DESSERT

ASSORTED PASTRIES \$2.29

Warm Cinnamon rolls, Danishes, Muffins, and Scones baked fresh, available for breakfast.

CRAVEWORTHY COOKIES \$0.49 per oz

Warm cookies, Fresh Baked Cobbler, available for lunch and dinner!

MONDAY – FRIDAY

1:00 a.m – 3:00 a.m
5:00 a.m. – 8:30 a.m.
10:00 a.m. - 1:00 p.m.
5:30 p.m. – 8:00 p.m.

Corey Steinke
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STRENGTH.
Lean protein to support strength building and muscle maintenance.



ENERGY.
Complex carbs to support sustained energy.



WELLBEING.
Nutritious, delicious options to help keep you fueled & focused (less than 500 calories)

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